



**GRAND BLANC JUNIOR LEAGUE FOOTBALL  
2010 MEMBERSHIP RULES**

**1. AGE / GRADE / WEIGHT REQUIREMENTS**

- a.) Players must be nine (9) years old by September 1, 2010 OR enrolled in grades 4-5-6 for the 2010-2011 school year. All players are allowed a maximum of three (3) years of eligibility.
  - b.) Players 13 years of age by September 1, 2010 OR enrolled in seventh grade for the 2010-2011 school **are not eligible.**
  - c.) All players must meet the minimum weight requirement of 60 lbs. by the scheduled weigh-in date of August 3, 2010 at 6:00pm.
2. Each football player is required to have a **Physical BEFORE they participate** in any practice or game. Uniforms and equipment will not be issued without a physical.
  3. Mouthpieces must be worn at all times during practices and games. No steal cleats are allowed at any time. **League jerseys should be worn at games only. Only White football pants are allowed in the league.**
  4. ALL ELIGIBLE PLAYERS WILL PLAY DURING REGULARY SCHEDULED GAME. Players must attend practices so they understand team plays.
  5. Each player must be properly dressed and bring proper equipment for all practices. Players should be on time for all practices; practice times will be set by coaches. Players should attend all practices.
  6. Each player/parent is responsible for equipment and uniform issued by the league. Replacement fees will be charged for all equipment/uniforms not returned to the league at the end of the season. Check all practice and game areas before leaving for equipment. DO NOT alter your uniform in any way or you will be required to purchase the equipment. **(\$80.00 helmet; \$40.00 shoulder pads; \$12.00 pom poms)**
  7. Any game can be forfeited due to unsportsmanlike conduct from the coach, player or parent. Positive reinforcement is encouraged during all practices and game play.
  8. Teams will be allowed up to six practices prior to their first game. Teams will then be allowed only two practices per week for the remainder of the season. Practices will be limited to 2 hours through September 17, 2010. Practices will then be limited to one and a half hours for the remainder of the season.
  9. Sand lot football is not allowed, with or without equipment. All practices will be held at Bicentennial Park. All practices will be full contact, to reinforce fundamentals and game situations for players.
  10. Coaches are responsible for the conduct of their players and parents. All players/parents must abide by the rules as determined by the league. Offensive or disruptive behavior will not be tolerated. Please keep all comments of a positive and reinforcing nature towards players, coaches and officials.
  11. All games will be played on Saturdays at Bicentennial Park (except ONE game at the high school field).
  12. **Refund requests must be made by Tuesday August 3<sup>rd</sup> 2010.** A \$7.00 administrative fee will be added to all refunds. **\*No refunds will be given after August 5, 2010\*.** Refund checks will not be released until all equipment is returned to the GBPR office.
  13. The parent or guardian of the child/player is responsible for following the above rules. GBPR reserves the right to eject any parent/spectator for offensive behavior as deemed by the officials and/or League Supervisor.

**\*\*ALL RULES SET FORTH HERE REMAIN AT THE DISCRETION OF THE GRAND BLANC PARKS & RECREATION DEPARTMENT. THE DEPARTMENT RESERVES THE RIGHT TO REVISE AND/OR ADJUST THESE RULES TO KEEP INTACT THE SPIRIT AND PHILOSOPHY OF RECREATION.**